

## Jigsaw -Our new PSHE Programme



This year at Thomas Gray we are using a brand new and exciting new resource called Jigsaw to support our children's Personal Social and Health Education [PSHE].

### **What is PSHE?**

PSHE (Personal, Social and Health Education) promotes the spiritual, moral, cultural, mental and physical development of children, preparing them for the opportunities, responsibilities and experiences of later life.

### **What is Jigsaw?**

Jigsaw PSHE is a comprehensive and completely original Scheme of Work for the whole Primary School from Reception through to Year 6. It brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning.

SMSC (Spiritual, Moral, Social and Cultural) and British Values development opportunities are mapped throughout. All of these pieces of learning are brought together to form a cohesive picture, helping children to know and value who they are and understand how they relate to other people the world.