

Jigsaw is a PSHE Education programme with a whole school approach, with all year groups working on the same theme (Puzzle) at the same time.

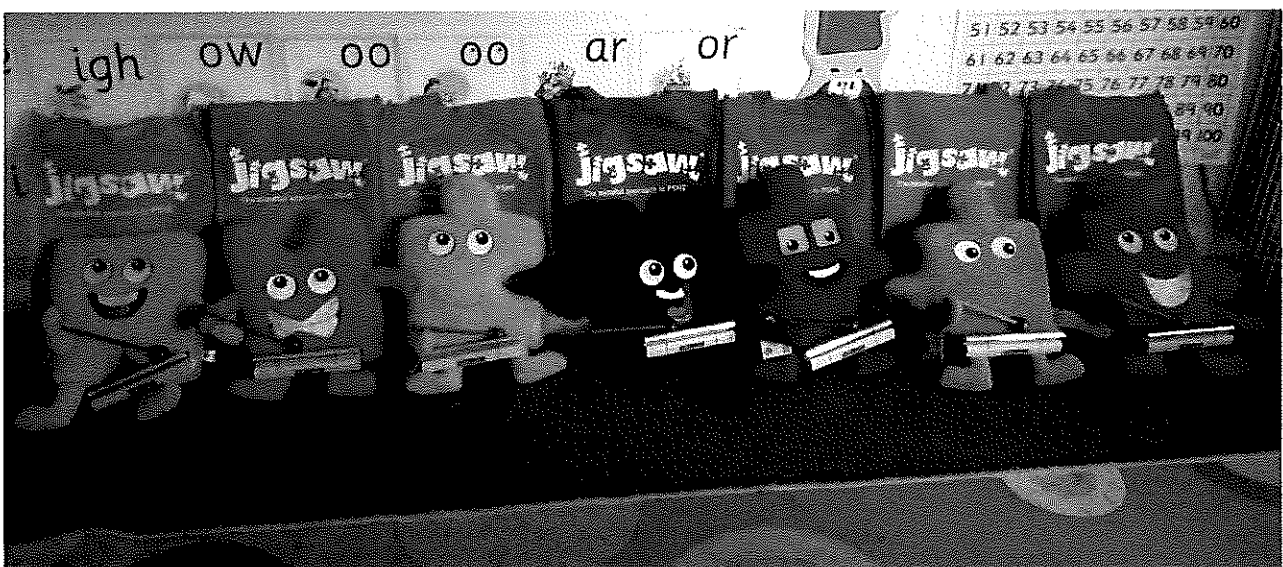
Jigsaw has two aims for all children:

- To build their capacity for learning
- To equip them for life

Jigsaw lessons are delivered once a week in each class. The children join in circle time activities and mindfulness training, they play inclusive, thought-provoking games and undertake tasks in order to complete Jigsaw pieces and puzzles.

Each Piece has two Learning Intentions: one is based on specific PSHE learning and one is based on emotional literacy and social skills. This means that Jigsaw is relevant to children living in today's world as it helps them understand and be equipped to cope with issues like body image, cyber and homophobic bullying, and internet safety.

Each class has its own Jigsaw mascot and energy chime, which we use every lesson!



If you would like to find out more information, please download the following leaflet:

**Parents and Carer Leaflet (PDF)**

Jigsaw is structured into 6 half-termly Puzzles:

Being  
Me...



Celebrating  
Difference



Dreams  
& Goals



Healthy  
Me



Relation-  
ships



Changing  
Me



The Jigsaw PSHE Programme also has a weekly celebration which ties in wonderfully with our bucket filling, character strengths and British Values. It is used in assemblies to help further promote the SMSC development of our children.

